

## Female C5-C7 Cervical Arthroplasty Elio Marín, MD, Centro Médico La Costa, Asunción, Paraguay



**Surgery Date:** 05August2025

### PATIENT HISTORY

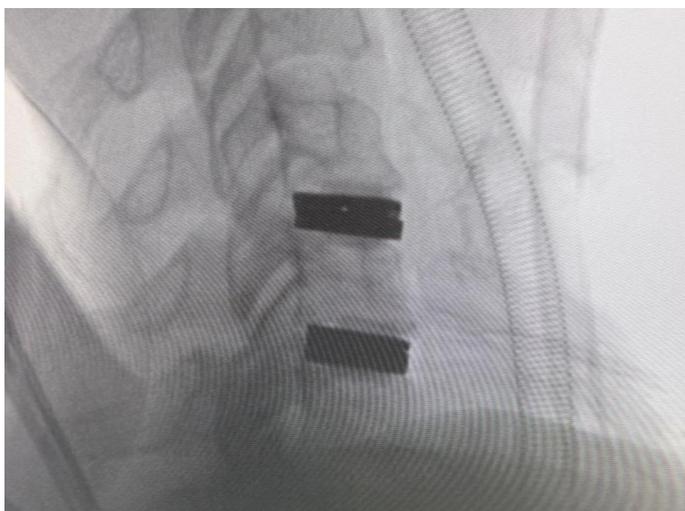
- 48 year old female
- Mother of 17-year-old daughter
- Plays tennis, aerobic sports and speed skating
- No longer able to participate in sports due to pain
- Intense pain started in left scapular region, radiating over to shoulder and down her arm with compression sensation in forearm and numbness in hand
- 1.5 years from pain onset to surgery

### DIAGNOSIS

- Herniated discs at C5-C6 and C6-C7

### TREATMENT

- Multi-level C5-C7 cervical total disc replacement with Triadyme-C



Post-Op X-ray with Triadyme-C implanted at C5-C6 and C6- C7

### POST OPERATIVE



Patient returned to playing sports three month post-op

- Patient experienced immediate pain relief after surgery
- She was ambulating the same day
- Patient went to physical therapy (PT) for two weeks after the procedure
- She continued with her PT exercises at home
- Three months after the procedure, the patient returned to playing sports and speed skating

- First cervical total disc replacement procedure performed in Paraguay
- Triadyme-C was the only cervical artificial disc approved for use in Paraguay

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